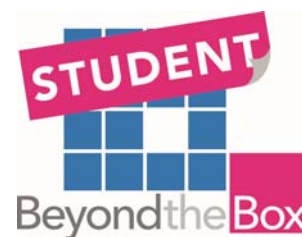


Beyond the Box Student Essential Student List



This list gives you some idea of the useful and often forgotten items you may want to bring with you when moving into your chosen Beyond the Box Student accommodation. Don't forget to print out this check list to help you and your family make your move go as smoothly as possible. Remember that you can often team up with flat mates on things like kettles, toasters, irons, pots and pans. Whatever happens, there's likely to be a shop selling all these things when you get there, so if you do forget something vital it shouldn't be too difficult to replace.

Documents You May Need

Items	Check
Passport and driving licence	
Passport photos	
NHS number	
CV and references	
TV Licence	
Discount travel cards	
Bank account details	
Address book and email contact list	
Local Map	
Old textbooks and notes	
List of phone contact numbers	
Grant/Loan support notification form	
Doctor and dentist details	
Other university documents	
Exam certificates	
Tenancy Agreement	

Kitchen Items You May Need

Items	Check
Corkscrew	
Bottle opener	
Mugs	
Glasses & wine glasses	
Kettle	
Knives, forks and spoons	
Plates & bowls	
One – person casserole dish	
Small frying pan	
1 small & 1 large saucepan with lid	
Tin opener	
Chopping knife	
Chopping board – you may need 2 chopping boards if you are cutting meat, this way you will avoid getting food poisoning!!	
Vegetable/potato peeler	
Cheese grater	
Breadknife	
Wooden spoon	
Store cupboard ingredients - coffee, tea, milk, sugar, eggs, margarine, cooking oil, salt and pepper - and let's not forget pasta!	
Coffee whitener	
Sandwich bags - good for lots of stuff you open and need to contain. e.g. sugar / teabags and things	
Plastic bowl or box with lid	
Microwaveable bowl	
Cling film & tin foil	
Sieve	
Tea Towels	
Oven gloves	
Washing up stuff e.g. Washing up liquid, dishcloth, scrubbing brush	
Tray - For carrying food to your room and to stop you making a mess if you're not eating at a table	
If this is your first time away from home it may be wise to invest in an easy to follow recipe book!!	

Let's not forget that you are here to STUDY!

Items	Check
Desk lamp	
Diary/planner - to keep track of assignments	
Dictionary and thesaurus	
Ream of printing paper	
A4 folders	
Pens, pencils, paper, files, highlighters	
Scissors	
Sticky tape	
Stapler, hole punch	
Sticky labels	
Post-it notes	
Paper clips	
White Tac - so it doesn't mark the walls	
Stamps and envelopes	

Healthcare

Items	Check
Multivitamins	
Painkillers	
Basic first aid kit - plasters, antiseptic wipes, bandages	
Paracetamol	
Some cold/flu remedy	
Anti-allergy pills - e.g. Piriton anti-allergy tablets	
A hot water bottle	

Bathroom

Items	Check
Bath mat	
Bath and hand towels	
Basket for shower supplies	
Wash bag	
Toilet roll	
Box of tissues	
Toothbrush and toothpaste	
Soap	
Shower gel	
Shampoo / Conditioner	
Deodorant	
Hair gel	
Hair spray	
Hairbrush	
Comb	
Razor	
Shaving cream/gel	
Lip balm	

Housekeeping

Items	Check
Febreze - To stop clothes / fabric getting too smelly	
Laundry bag/basket - so your dirty clothes don't end up on the floor. And for dragging to the laundry or dumping on your parents to wash for you!	
Coat hangers	
Kitchen towel	
Cleaning products	
Washing powder/liquid/tablets	

Electrical

Items	Check
Alarm clock (maybe 2 in two different locations in your room to make sure lectures are at least attempted!)	
Calculator – for sorting out finances	
Computer and/or laptop – saves on queues at deadline time!	
USB "pen drive" - carrying projects etc between uni, internet cafe, friends comp, etc. quickly, easily and RELIABLY!	
Printer	
Bedside lamp	
Mobile and charger	
CD player/Radio	
TV	
Camera	
Headphones - so you don't disturb others when you play music loud. You can get 'infra-red' ones that aren't too expensive and allow you to walk around while still listening to the music.	
Batteries - rechargeable (save money)	

Style

Items	Check
Photos of family and friends	
A rug – to make your room feel a little more like home	
Fairylights/disco ball/lava lamp	
Cushions/beanbags - for friends to sit down in your room	
A throw - to make your bed into a sofa for friends to sit on	
Pot plants	
Blankets	

Bedding

Items	Check
Sheets	
Duvet and duvet covers	
Extra pillow and pillow cases	
Sleeping bag- for when friends come to stay or you go to stay with them	

Items	Check
Sweets or biscuits – to distribute to flat mates	
Large suitcase – to put things in when going home for the weekend	
Loose change – for washing / vending machines	
Earplugs - to cut out noise you don't want to hear	
Safety pins	
Small sewing kit	